



रेलवे भर्ती बोर्ड / RAILWAY RECRUITMENT BOARD
सी ई एन नं. - 03/2025 - CEN No. - 03/2025



Registration Number	
Roll Number	
Candidate Name	
Community	
Test Centre Name	ION Digital Zone iDZ Kovilambakkam
Test Date	12/03/2026
Test Time	12:45 PM - 2:15 PM
Post Name	NURSING SUPERINTENDENT
Application Photograph	
Exam Day Photograph	

*** Note**
Correct Answer will carry 1 mark per Question.
Incorrect Answer will carry 1/3 Negative mark per Question.
No marks will be deducted for questions left unanswered

1. Options shown in green color with a tick icon are correct.
2. Chosen option on the right of the question indicates the option selected by the candidate.

Q.1 The volume of a solid cylinder is $80,850 \text{ cm}^3$ and its height is 21 cm. What is the total surface area of the solid cylinder?

$$\left(\text{Use } \pi = \frac{22}{7} \right)$$

- Ans
- ☒ 1. 12,312 cm²
 - ☒ 2. 12,320 cm²
 - ☒ 3. 12,331 cm²
 - ☒ 4. 12,289 cm²

Question Type : MCQ
Question ID : 441009272734
Option 1 ID : 4410091059486
Option 2 ID : 4410091059483
Option 3 ID : 4410091059485
Option 4 ID : 4410091059484
Status : Answered
Chosen Option : 2

Q.2 Which amendment act increased the Lok Sabha seats from 525 to 545?

- Ans
- ☒ 1. Thirty-First Amendment
 - ☒ 2. Thirty-Fifth Amendment
 - ☒ 3. Thirty-Ninth Amendment
 - ☒ 4. Twenty-Seventh Amendment

Question Type : MCQ
Question ID : 4410091573906
Option 1 ID : 4410096216401
Option 2 ID : 4410096216402
Option 3 ID : 4410096216404
Option 4 ID : 4410096216403
Status : Answered
Chosen Option : 3

Q.3 Simplify:
$$\frac{1.2 \times 1.2 \times 1.2 - 0.12 \times 0.12 \times 0.12}{12 \times 12 \times 12}$$

- Ans
- ☐ 1. 0.00999
 - ☐ 2. 0.0000999
 - ☒ 3. 0.000999
 - ☐ 4. 0.0999

Question Type : MCQ
Question ID : 441009575856
Option 1 ID : 4410092258545
Option 2 ID : 4410092258547
Option 3 ID : 4410092258544
Option 4 ID : 4410092258546
Status : Answered
Chosen Option : 3

Q.4 Seven people H, I, J, K, O, P and Q are sitting around a circular table facing the center of the table. I sits third to the left of K. J sits second to the left of P. K is an immediate neighbour of both H and J. Q is not an immediate neighbor of I. How many people sit between O and J when counted from the right of O?

- Ans
- ☐ 1. Four
 - ☒ 2. Two
 - ☐ 3. Three
 - ☐ 4. One

Question Type : MCQ
Question ID : 4410091271477
Option 1 ID : 4410095017902
Option 2 ID : 4410095017904
Option 3 ID : 4410095017903
Option 4 ID : 4410095017905
Status : Answered
Chosen Option : 3

Q.5 Who has written the book 'Beyond the Syllabus: The Real-Life Guide for Teenagers Who Want More than Just Marks', published in July 2025?

- Ans ☒ 1. Ankur Warikoo
☐ 2. Prajakta Koli
☐ 3. Santanu Bhattacharya
☐ 4. Amish Tripathi

Question Type : MCQ
Question ID : 4410091571231
Option 1 ID : 4410096205956
Option 2 ID : 4410096205955
Option 3 ID : 4410096205957
Option 4 ID : 4410096205958
Status : Answered
Chosen Option : 3

Q.6 If 'A' stands for '÷', 'B' stands for 'x', 'C' stands for '+' and 'D' stands for '-', what will come in place of the question mark '?' in the following equation?
6 B 2 D 14 A 7 C 2 = ?

- Ans ☐ 1. 8
☒ 2. 12
☐ 3. 10
☐ 4. 14

Question Type : MCQ
Question ID : 4410091333341
Option 1 ID : 4410095264987
Option 2 ID : 4410095264984
Option 3 ID : 4410095264985
Option 4 ID : 4410095264986
Status : Answered
Chosen Option : 1

Q.7 What determines the amount of water reabsorbed during the formation of urine in human kidneys?

- Ans ☐ 1. The overall physical size and measurable dimensions of the human kidneys
☐ 2. The specific type of food regularly eaten and normally consumed daily
☐ 3. The oxygen level present within the circulating blood throughout the body
☒ 4. The amount of excess water and dissolved waste the human body must remove

Question Type : MCQ
Question ID : 4410091560950
Option 1 ID : 4410096166012
Option 2 ID : 4410096166013
Option 3 ID : 4410096166010
Option 4 ID : 4410096166011
Status : Answered
Chosen Option : 3

Q.8 Select the pair that follows the same pattern as that followed by the two set of pairs given below. Both pairs follow the same pattern.

OKN-JFI
GCF-BXA4920

- Ans ☒ 1. KFH-FBE
☒ 2. KGJ-FBE
☒ 3. KGJ-EBD
☒ 4. KFH-EAD

Question Type : MCQ
Question ID : 4410091149715
Option 1 ID : 4410094533818
Option 2 ID : 4410094533816
Option 3 ID : 4410094533817
Option 4 ID : 4410094533819
Status : Answered
Chosen Option : 3

Q.9 When a blood vessel is injured, _____ help(s) to plug the leak by clotting the blood.

- Ans ☒ 1. red blood cells
☒ 2. plasma
☒ 3. lymphocytes
☒ 4. platelets

Question Type : MCQ
Question ID : 4410091696010
Option 1 ID : 4410096689992
Option 2 ID : 4410096689993
Option 3 ID : 4410096689991
Option 4 ID : 4410096689990
Status : Answered
Chosen Option : 1

Q.10 Who appoints the members of the Union Public Service Commission in India?

- Ans ☒ 1. Prime Minister of India
☒ 2. Parliament of India
☒ 3. President of India
☒ 4. Supreme Court of India

Question Type : MCQ
Question ID : 4410091580156
Option 1 ID : 4410096241949
Option 2 ID : 4410096241948
Option 3 ID : 4410096241947
Option 4 ID : 4410096241950
Status : Answered
Chosen Option : 3

Q.11 A train travels $\frac{1}{3}$ of the total distance at 40 km/hr, $\frac{1}{4}$ of the to

Find the average speed of the train.

Ans ☒ 1. 48 km/hr

☒ 2. 42 km/hr

☒ 3. 50 km/hr

☒ 4. 45 km/hr

Question Type : MCQ

Question ID : 4410091655396

Option 1 ID : 4410096536548

Option 2 ID : 4410096536550

Option 3 ID : 4410096536551

Option 4 ID : 4410096536549

Status : Answered

Chosen Option : 2

Q.12 Which of the following is considered the earliest known Marathi literary work?

Ans ☒ 1. Gathasaptasati

☒ 2. Lilacharitra

☒ 3. Jnanesvari

☒ 4. Dipavamsa

Question Type : MCQ

Question ID : 4410091573546

Option 1 ID : 4410096215014

Option 2 ID : 4410096215015

Option 3 ID : 4410096215013

Option 4 ID : 4410096215016

Status : Answered

Chosen Option : 4

Q.13 Sidhu Murmu and Kanhu Murmu were the leaders of which of the following rebellions?

Ans ☒ 1. Santhal Rebellion

☒ 2. Jaintia and Garo Rebellion

☒ 3. Munda Rebellion

☒ 4. Halba Rebellion

Question Type : MCQ

Question ID : 4410091587117

Option 1 ID : 4410096269372

Option 2 ID : 4410096269374

Option 3 ID : 4410096269373

Option 4 ID : 4410096269375

Status : Answered

Chosen Option : 3

Q.14 Each of the letters in the word JALOPIES are arranged in alphabetical order. How many letters are there in the English alphabetical order between the letter which is fourth from the left and the one which is second from the right in the new letter-cluster thus formed?²⁵⁴⁶

- Ans ☒ 1. 5
- ☐ 2. 4
- ☐ 3. 3
- ☐ 4. 6

Question Type : MCQ
Question ID : 4410091147341
Option 1 ID : 4410094524322
Option 2 ID : 4410094524321
Option 3 ID : 4410094524320
Option 4 ID : 4410094524323
Status : Answered
Chosen Option : 2

Q.15 In a laboratory demonstration, a student adds hydrochloric acid to sodium hydrogencarbonate and collects the gas. How can the student confirm it is carbon dioxide?

- Ans ☐ 1. It supports combustion.
- ☐ 2. It extinguishes a burning splint.
- ☒ 3. It turns limewater milky.
- ☐ 4. It forms a blue precipitate.

Question Type : MCQ
Question ID : 4410091565274
Option 1 ID : 4410096182597
Option 2 ID : 4410096182595
Option 3 ID : 4410096182596
Option 4 ID : 4410096182598
Status : Answered
Chosen Option : 1

Q.16 In December 2025, the plummeting AQI led to emergency-level restrictions, called GRAP-4, being implemented in which city of India?

- Ans
- ☒ 1. Delhi
 - ☐ 2. Pune
 - ☐ 3. Chandigarh
 - ☐ 4. Chennai

Question Type : MCQ
Question ID : 4410091594612
Option 1 ID : 4410096298683
Option 2 ID : 4410096298685
Option 3 ID : 4410096298684
Option 4 ID : 4410096298686
Status : Answered
Chosen Option : 1

Q.17 What is the typical size range of particles in a colloidal solution?

- Ans
- ☐ 1. Larger than 1 millimeter
 - ☐ 2. More than 1000 nanometers
 - ☐ 3. Less than 1 nanometer
 - ☒ 4. 1 to 100 nanometers

Question Type : MCQ
Question ID : 4410091566298
Option 1 ID : 4410096186599
Option 2 ID : 4410096186598
Option 3 ID : 4410096186596
Option 4 ID : 4410096186597
Status : Answered
Chosen Option : 2

Q.18 A student observes a body moving with constant speed along a circular path. Which of the following best represents the graphical relationship between its speed and time for one complete revolution?

- Ans
- ☐ 1. A line sloping upwards with time
 - ☐ 2. A curved line increasing with time
 - ☒ 3. A horizontal straight line parallel to the time axis
 - ☐ 4. A sinusoidal curve above the time axis

Question Type : MCQ
Question ID : 4410091647704
Option 1 ID : 4410096507078
Option 2 ID : 4410096507080
Option 3 ID : 4410096507077
Option 4 ID : 4410096507079
Status : Answered
Chosen Option : 2

Q.19 What is the size of the image produced by a concave lens compared to the object?

- Ans ☒ 1. Equal to the focal length
- ☒ 2. Smaller than the object
- ☒ 3. Same size as the object
- ☒ 4. Larger than the object

Question Type : MCQ
Question ID : 4410091559548
Option 1 ID : 4410096160437
Option 2 ID : 4410096160436
Option 3 ID : 4410096160435
Option 4 ID : 4410096160434
Status : Answered
Chosen Option : 1

Q.20 The Rural Infrastructure Development Fund is maintained by _____.

- Ans ☒ 1. India Infrastructure Trust
- ☒ 2. Securities and Exchange Board of India
- ☒ 3. Reserve Bank of India
- ☒ 4. National Bank for Agriculture and Rural Development

Question Type : MCQ
Question ID : 441009248547
Option 1 ID : 441009968201
Option 2 ID : 441009968202
Option 3 ID : 441009968204
Option 4 ID : 441009968203
Status : Answered
Chosen Option : 4

Q.21 Which of the following shows oxidation?

- Ans ☒ 1. Addition of Hydrogen
- ☒ 2. Loss of oxygen
- ☒ 3. Addition of oxygen
- ☒ 4. Gain of electrons

Question Type : MCQ
Question ID : 441009747424
Option 1 ID : 4410092943449
Option 2 ID : 4410092943452
Option 3 ID : 4410092943451
Option 4 ID : 4410092943450
Status : Answered
Chosen Option : 2

Q.22 Find the difference between the medians of the data 21, 41, 34, 19, 37 and the data 33, 23, 27, 39, 31.

- Ans ☒ 1. 8
☒ 2. 3
☒ 3. 5
☒ 4. 10

Question Type : MCQ
Question ID : 4410091583158
Option 1 ID : 4410096253982
Option 2 ID : 4410096253980
Option 3 ID : 4410096253981
Option 4 ID : 4410096253983
Status : Answered
Chosen Option : 3

Q.23 A truck was facing the south. It turned 135° in the clockwise direction and then 45° in the anti-clockwise direction then moved 5 km. Then moved 45° in the anti-clockwise. In which direction is the truck facing now?¹⁶⁰⁰

- Ans ☒ 1. South
☒ 2. South-east
☒ 3. South-west
☒ 4. North

Question Type : MCQ
Question ID : 441009880331
Option 1 ID : 4410093474978
Option 2 ID : 4410093474980
Option 3 ID : 4410093474979
Option 4 ID : 4410093474977
Status : Answered
Chosen Option : 3

Q.24 Which combination of factors is most responsible for widespread rainfall over mainland India during the summer season?

- Ans
- ✓ 1. Differential heating between the Indian landmass and surrounding seas creating low pressure over north-western India
 - ✗ 2. Localized convective rainfall generated only due to intense heating over the Deccan Plateau
 - ✗ 3. Seasonal reversal of winds in the form of retreating north-east monsoon over the Indian subcontinent
 - ✗ 4. Temperate cyclonic systems known as western disturbances originating from the Mediterranean region

Question Type : MCQ
Question ID : 4410091584192
Option 1 ID : 4410096258075
Option 2 ID : 4410096258078
Option 3 ID : 4410096258077
Option 4 ID : 4410096258076
Status : Answered
Chosen Option : 3

Q.25 Majuli, which is recognised as the largest inhabited riverine island in the world, is located in the course of which river in India?

- Ans
- ✗ 1. Ganga
 - ✓ 2. Brahmaputra
 - ✗ 3. Teesta
 - ✗ 4. Indus

Question Type : MCQ
Question ID : 4410091583678
Option 1 ID : 4410096256037
Option 2 ID : 4410096256036
Option 3 ID : 4410096256039
Option 4 ID : 4410096256038
Status : Answered
Chosen Option : 1

Q.26 In which Indian city was the first tempered glass facility inaugurated in September 2025?

- Ans
- ☐ 1. Hyderabad
 - ☐ 2. Pune
 - ☐ 3. Bengaluru
 - ☒ 4. Noida

Question Type : MCQ
Question ID : 4410091583114
Option 1 ID : 4410096253807
Option 2 ID : 4410096253806
Option 3 ID : 4410096253805
Option 4 ID : 4410096253804
Status : Answered
Chosen Option : 1

Q.27 Which method of contraception releases hormones to stop ovulation?

- Ans
- ☒ 1. Oral contraceptive pills
 - ☐ 2. Copper-T
 - ☐ 3. Withdrawal method
 - ☐ 4. Condom

Question Type : MCQ
Question ID : 4410091562287
Option 1 ID : 4410096170731
Option 2 ID : 4410096170730
Option 3 ID : 4410096170733
Option 4 ID : 4410096170732
Status : Answered
Chosen Option : 2

Q.28 If 40% of a number is added to 120, then the result is the same number. 30% of the same number is:2106

- Ans
- ☐ 1. 80
 - ☐ 2. 180
 - ☐ 3. 90
 - ☒ 4. 60

Question Type : MCQ
Question ID : 441009895419
Option 1 ID : 4410093535747
Option 2 ID : 4410093535748
Option 3 ID : 4410093535749
Option 4 ID : 4410093535746
Status : Answered
Chosen Option : 3

Q.29 If the value of the universal gravitation constant (G) was accidentally used as ten times higher in a planetary orbit calculation, what would be the effect on the calculated gravitational force between the planet and the sun?

- Ans
- ☐ 1. The calculated force would be ten times smaller than the actual value
 - ☐ 2. The calculated force would be half the actual value
 - ☒ 3. The calculated force would be ten times greater than the actual value
 - ☐ 4. The calculated force would be unchanged

Question Type : MCQ
Question ID : 4410091649175
Option 1 ID : 4410096512896
Option 2 ID : 4410096512897
Option 3 ID : 4410096512895
Option 4 ID : 4410096512894
Status : Answered
Chosen Option : 3

Q.30 Two machines complete the same amount of work, but Machine A does it in half the time compared to Machine B. Which machine has a greater power output?

- Ans
- ☐ 1. Both are equal
 - ☒ 2. Machine A
 - ☐ 3. Machine B
 - ☐ 4. Cannot be determined

Question Type : MCQ
Question ID : 4410091560566
Option 1 ID : 4410096164436
Option 2 ID : 4410096164434
Option 3 ID : 4410096164435
Option 4 ID : 4410096164437
Status : Answered
Chosen Option : 1

Q.1 A 29-year-old woman presents with primary infertility and regular cycles. Her hysterosalpingography reveals bilateral tubal blockage. Which investigation should be prioritized next for management?

- Ans ☒ 1. Diagnostic laparoscopy with chromopertubation
- ☐ 2. Serum thyroid function tests for evaluation
- ☐ 3. Transvaginal ultrasound of pelvic organs
- ☐ 4. Endometrial biopsy for luteal phase assessment

Question Type : MCQ
Question ID : 4410091697624
Option 1 ID : 4410096696216
Option 2 ID : 4410096696218
Option 3 ID : 4410096696215
Option 4 ID : 4410096696217
Status : Answered
Chosen Option : 1

Q.2 During infertility assessment, a female is diagnosed with Asherman's syndrome. What is the primary mechanism by which this condition causes infertility?

- Ans ☐ 1. Abnormal cervical mucus
- ☐ 2. Hormonal imbalance leading to anovulation
- ☒ 3. Intrauterine adhesions preventing implantation
- ☐ 4. Blocked fallopian tubes

Question Type : MCQ
Question ID : 4410091572904
Option 1 ID : 4410096212464
Option 2 ID : 4410096212462
Option 3 ID : 4410096212461
Option 4 ID : 4410096212463
Status : Answered
Chosen Option : 4

Q.3 Which nursing intervention is most appropriate when caring for a patient experiencing an anaphylactic reaction?

- Ans ☐ 1. Place the patient in a supine position only
- ☐ 2. Apply a warm compress to the affected area
- ☒ 3. Maintain a patent airway and administer epinephrine
- ☐ 4. Administer oral antihistamines

Question Type : MCQ
Question ID : 4410091557592
Option 1 ID : 4410096152666
Option 2 ID : 4410096152667
Option 3 ID : 4410096152665
Option 4 ID : 4410096152664
Status : Answered
Chosen Option : 2

Q.4 When a nurse combines information about a patient's verbal communication and nonverbal cues during psychological assessment, what is the nurse primarily aiming to understand?

- Ans
- ☐ 1. The patient's social status
 - ☐ 2. The patient's physical health
 - ☒ 3. The patient's mental and emotional state
 - ☐ 4. The patient's family history

Question Type : MCQ
Question ID : 4410091569923
Option 1 ID : 4410096200681
Option 2 ID : 4410096200682
Option 3 ID : 4410096200683
Option 4 ID : 4410096200684
Status : Answered
Chosen Option : 3

Q.5 A patient has just returned to the ward after abdominal surgery. Which action should the nurse take first to evaluate the effectiveness of respiratory interventions in the immediate postoperative period?

- Ans
- ☐ 1. Check the surgical dressing for bleeding
 - ☒ 2. Assess the patient's oxygen saturation and respiratory rate
 - ☐ 3. Review the patient's medication chart
 - ☐ 4. Measure the patient's urine output

Question Type : MCQ
Question ID : 4410091557964
Option 1 ID : 4410096154168
Option 2 ID : 4410096154169
Option 3 ID : 4410096154170
Option 4 ID : 4410096154171
Status : Answered
Chosen Option : 2

Q.6 When evaluating the effectiveness of communication in a health education session, which indicator most accurately shows that successful communication has been established?

- Ans
- ☒ 1. The educator finishes the session early
 - ☒ 2. Participants can accurately summarize the main points
 - ☒ 3. The educator has thorough knowledge of the content
 - ☒ 4. The educator uses effective mass media

Question Type : MCQ
Question ID : 4410091572975
Option 1 ID : 4410096212735
Option 2 ID : 4410096212736
Option 3 ID : 4410096212737
Option 4 ID : 4410096212738
Status : Answered
Chosen Option : 2

Q.7 Which hormone fluctuation is primarily linked to premenstrual syndrome symptoms?

- Ans
- ☒ 1. Oxytocin hormone
 - ☒ 2. Follicle stimulating hormone
 - ☒ 3. Insulin and glucagon
 - ☒ 4. Estrogen and progesterone

Question Type : MCQ
Question ID : 4410091572893
Option 1 ID : 4410096212428
Option 2 ID : 4410096212427
Option 3 ID : 4410096212426
Option 4 ID : 4410096212425
Status : Answered
Chosen Option : 4

Q.8 In a health care setting, a nurse finds used gloves and a broken glass ampoule together. Which action ensures proper biomedical waste management?

- Ans
- ☒ 1. Place both in black bag
 - ☒ 2. Segregate gloves and glass ampoules
 - ☒ 3. Dispose both in yellow bag
 - ☒ 4. Mix both in red bag

Question Type : MCQ
Question ID : 4410091570935
Option 1 ID : 4410096204733
Option 2 ID : 4410096204730
Option 3 ID : 4410096204731
Option 4 ID : 4410096204732
Status : Answered
Chosen Option : 2

Q.9 When caring for a patient experiencing a panic attack, which nursing intervention is most appropriate?

- Ans
- ☒ 1. Administer stimulant medication
 - ☒ 2. Remain calm and stay with the patient
 - ☒ 3. Encourage the patient to recall past traumas
 - ☒ 4. Leave the patient alone to calm down

Question Type : MCQ
Question ID : 4410091584640
Option 1 ID : 4410096259792
Option 2 ID : 4410096259789
Option 3 ID : 4410096259790
Option 4 ID : 4410096259791
Status : Answered
Chosen Option : 1

Q.10 A 30-year-old pregnant woman with hyperemesis gravidarum is at risk for Wernicke's encephalopathy. Which vitamin supplement is essential in her treatment plan?

- Ans
- ☒ 1. Prescribe oral folic acid tablets
 - ☒ 2. Start vitamin D injections only
 - ☒ 3. Suggest vitamin C supplements daily
 - ☒ 4. Administer intravenous thiamine therapy

Question Type : MCQ
Question ID : 4410091697559
Option 1 ID : 4410096695972
Option 2 ID : 4410096695974
Option 3 ID : 4410096695973
Option 4 ID : 4410096695971
Status : Answered
Chosen Option : 1

Q.11 Formal social control is most closely associated with which of the following?

- Ans
- ☒ 1. Personal habits and routines
 - ☒ 2. Laws and official regulations
 - ☒ 3. Peer group opinions
 - ☒ 4. Family traditions and customs

Question Type : MCQ
Question ID : 4410091589225
Option 1 ID : 4410096277495
Option 2 ID : 4410096277492
Option 3 ID : 4410096277494
Option 4 ID : 4410096277493
Status : Answered
Chosen Option : 2

Q.12 During clinical teaching, which method is most effective for fostering critical thinking by discussing real-life scenarios among students?

- Ans
- ☐ 1. Field visit
 - ☐ 2. Demonstration method
 - ☐ 3. Role play method
 - ☒ 4. Case study method

Question Type : MCQ
Question ID : 4410091586715
Option 1 ID : 4410096267803
Option 2 ID : 4410096267802
Option 3 ID : 4410096267801
Option 4 ID : 4410096267800
Status : Answered
Chosen Option : 3

Q.13 What is the primary function of alveoli in the lungs?

- Ans
- ☒ 1. Exchanging gases
 - ☐ 2. Producing mucus
 - ☐ 3. Moving the rib cage
 - ☐ 4. Filtering blood

Question Type : MCQ
Question ID : 4410091565105
Option 1 ID : 4410096181971
Option 2 ID : 4410096181972
Option 3 ID : 4410096181974
Option 4 ID : 4410096181973
Status : Answered
Chosen Option : 1

Q.14 A patient is receiving oxygen via nasal cannula and complains of nasal dryness. What should the nurse do to maintain comfort and oxygenation?

- Ans
- ☒ 1. Humidify the oxygen
 - ☐ 2. Discontinue oxygen therapy
 - ☐ 3. Apply petroleum jelly inside the nose
 - ☐ 4. Increase oxygen flow rate

Question Type : MCQ
Question ID : 4410091570896
Option 1 ID : 4410096204570
Option 2 ID : 4410096204571
Option 3 ID : 4410096204569
Option 4 ID : 4410096204568
Status : Answered
Chosen Option : 3

Q.15 A nurse is monitoring a patient with a colostomy. Which observation requires immediate attention?

- Ans
- ☐ 1. Output decreases temporarily after surgery
 - ☐ 2. Effluent is formed and brown
 - ☐ 3. Stoma is moist and pink
 - ☒ 4. Stoma appears dark and bluish

Question Type : MCQ
Question ID : 4410091579056
Option 1 ID : 4410096237410
Option 2 ID : 4410096237408
Option 3 ID : 4410096237409
Option 4 ID : 4410096237407
Status : Answered
Chosen Option : 1

Q.16 Following a course of broad-spectrum antibiotics, a patient develops gastrointestinal discomfort. Which change in the normal flora is most likely responsible for this symptom?

- Ans
- ☐ 1. Migration of skin flora to the intestines
 - ☒ 2. Disruption of gut flora balance leads to symptoms
 - ☐ 3. Overgrowth of respiratory tract organisms
 - ☐ 4. Colonization by oral bacteria in the gut

Question Type : MCQ
Question ID : 4410091695193
Option 1 ID : 4410096686826
Option 2 ID : 4410096686825
Option 3 ID : 4410096686828
Option 4 ID : 4410096686827
Status : Answered
Chosen Option : 3

Q.17 Which solution is commonly used for fluid replacement in burn patients?

- Ans
- ☐ 1. Normal saline with glucose
 - ☐ 2. 5% dextrose
 - ☐ 3. Distilled water
 - ☒ 4. Ringer's lactate

Question Type : MCQ
Question ID : 4410091582460
Option 1 ID : 4410096251110
Option 2 ID : 4410096251111
Option 3 ID : 4410096251109
Option 4 ID : 4410096251108
Status : Answered
Chosen Option : 1

Q.18 A patient presents with excessive thirst, frequent urination, and fatigue. Laboratory results reveal low levels of antidiuretic hormone. Which endocrine gland is most likely malfunctioning in this scenario?

- Ans
- ☒ 1. Anterior pituitary gland
 - ☐ 2. Posterior pituitary gland
 - ☐ 3. Adrenal cortex
 - ☐ 4. Pineal gland

Question Type : MCQ
Question ID : 4410091703201
Option 1 ID : 4410096717944
Option 2 ID : 4410096717942
Option 3 ID : 4410096717943
Option 4 ID : 4410096717945
Status : Answered
Chosen Option : 1

Q.19 A newborn with respiratory distress syndrome and requiring mechanical ventilation is admitted to a facility. Which level of NICU care should this facility provide to best meet the infant's needs?

- Ans
- ☒ 1. Level III
 - ☐ 2. Level II
 - ☐ 3. Level IV
 - ☐ 4. Level I

Question Type : MCQ
Question ID : 4410091570079
Option 1 ID : 4410096201319
Option 2 ID : 4410096201318
Option 3 ID : 4410096201320
Option 4 ID : 4410096201317
Status : Answered
Chosen Option : 2

Q.20 Which of the following best describes the sociological significance of marriage in most societies?

- Ans
- ☐ 1. It exists solely for procreation.
 - ☐ 2. It is primarily a private contract between two people.
 - ☒ 3. It acts as a social institution that organizes kinship and inheritance.
 - ☐ 4. It only provides legal status to partners.

Question Type : MCQ
Question ID : 4410091593868
Option 1 ID : 4410096295800
Option 2 ID : 4410096295801
Option 3 ID : 4410096295799
Option 4 ID : 4410096295798
Status : Answered
Chosen Option : 4

Q.21 During a health camp, a nurse ensures that all patient records are updated immediately after each consultation. Which essential requirement is she adhering to in this process?

- Ans
- ☐ 1. Confidentiality of patient information
 - ☐ 2. Legibility in handwriting and ink
 - ☐ 3. Proper storage and retrieval systems
 - ☒ 4. Timeliness of data entry and review

Question Type : MCQ
Question ID : 4410091698601
Option 1 ID : 4410096700051
Option 2 ID : 4410096700049
Option 3 ID : 4410096700052
Option 4 ID : 4410096700050
Status : Answered
Chosen Option : 1

Q.22 When planning a family health education session, what approach best allows a community health nurse to tailor interventions for families with diverse cultural backgrounds and health beliefs?

- Ans
- ☐ 1. Focusing the session only on the nurse's own cultural perspective
 - ☐ 2. Using only standard educational materials for all families
 - ☒ 3. Conducting a preliminary assessment of each family's health beliefs and cultural practices
 - ☐ 4. Avoiding discussion of cultural differences during the session

Question Type : MCQ
Question ID : 4410091557270
Option 1 ID : 4410096151611
Option 2 ID : 4410096151609
Option 3 ID : 4410096151610
Option 4 ID : 4410096151612
Status : Answered
Chosen Option : 3

Q.23 Which of the following best describes the nurse's role in addressing a patient's psychological needs during hospitalization?

- Ans
- ☒ 1. Providing emotional support and active listening
 - ☐ 2. Administering prescribed medications only
 - ☐ 3. Ensuring the patient follows dietary restrictions
 - ☐ 4. Monitoring vital signs regularly

Question Type : MCQ
Question ID : 4410091566286
Option 1 ID : 4410096186549
Option 2 ID : 4410096186550
Option 3 ID : 4410096186548
Option 4 ID : 4410096186551
Status : Answered
Chosen Option : 1

Q.24 What is the best approach for the nurse administrator to solve the frequent conflicts between nurses and physicians regarding patient care responsibilities?

- Ans
- ☐ 1. Ignore the issue and hope it resolves naturally
 - ☐ 2. Increase the nurse-to-patient ratio
 - ☐ 3. Assign all decision-making to physicians
 - ☒ 4. Facilitate an inter-professional meeting to clarify roles

Question Type : MCQ
Question ID : 4410091592057
Option 1 ID : 4410096288598
Option 2 ID : 4410096288596
Option 3 ID : 4410096288595
Option 4 ID : 4410096288597
Status : Answered
Chosen Option : 2

Q.25 While conducting a home visit, the nurse needs to dispose of contaminated materials. Which step aligns with proper bag technique?

- Ans
- ☐ 1. Disposing of waste in the client's kitchen trash bin
 - ☐ 2. Putting contaminated items back in the bag's main compartment
 - ☒ 3. Placing waste in a separate, leak-proof container brought in the bag
 - ☐ 4. Wrapping waste in paper and leaving it near the bag

Question Type : MCQ
Question ID : 4410091698583
Option 1 ID : 4410096699979
Option 2 ID : 4410096699978
Option 3 ID : 4410096699977
Option 4 ID : 4410096699980
Status : Answered
Chosen Option : 2

Q.26 Which scenario best illustrates the concept of industry versus inferiority according to Erikson's stages of development in school age children?

- Ans
- ☒ 1. A child feels proud after completing a group project
 - ☐ 2. A child throws a tantrum when told "no"
 - ☐ 3. A child insists on dressing themselves
 - ☐ 4. A child plays alone during recess

Question Type : MCQ
Question ID : 4410091568929
Option 1 ID : 4410096196959
Option 2 ID : 4410096196961
Option 3 ID : 4410096196958
Option 4 ID : 4410096196960
Status : Answered
Chosen Option : 1

Q.27 A community health nurse must evaluate the risk of infection transmission in a crowded refugee camp. Which combined factors should be prioritized to prevent outbreaks?

- Ans
- ☐ 1. Medication availability and transportation
 - ☒ 2. Environmental sanitation and personal hygiene
 - ☐ 3. Nutrition and immunity
 - ☐ 4. Language barriers and dietary habits

Question Type : MCQ
Question ID : 4410091570065
Option 1 ID : 4410096201263
Option 2 ID : 4410096201262
Option 3 ID : 4410096201261
Option 4 ID : 4410096201264
Status : Answered
Chosen Option : 2

Q.28 A nurse is reviewing past reports to analyze trends in maternal health. Which step reflects proper maintenance of these community health records?

- Ans
- ☐ 1. Editing previous records to match current observations
 - ☐ 2. Combining unrelated reports into one file for convenience
 - ☐ 3. Destroying old records after each analysis session
 - ☒ 4. Organizing records systematically for easy retrieval

Question Type : MCQ
Question ID : 4410091698603
Option 1 ID : 4410096700060
Option 2 ID : 4410096700059
Option 3 ID : 4410096700058
Option 4 ID : 4410096700057
Status : Answered
Chosen Option : 4

Q.29 A patient with limited mobility is being transferred from bed to wheelchair. Which nursing action best minimizes the risk of injury during transfer?

- Ans
- ☒ 1. Locking the wheelchair brakes before moving the patient
 - ☐ 2. Moving the patient quickly to minimize time spent
 - ☐ 3. Raising the bed to its highest position for transfer
 - ☐ 4. Allowing the patient to transfer independently

Question Type : MCQ
Question ID : 4410091697685
Option 1 ID : 4410096696451
Option 2 ID : 4410096696453
Option 3 ID : 4410096696452
Option 4 ID : 4410096696454
Status : Answered
Chosen Option : 3

Q.30 During assessment, a midwife observes a blood-tinged mucus discharge, known as the 'show,' in a pregnant woman. What is the significance of this finding?

- Ans
- ☒ 1. It indicates softening and opening of the cervix
 - ☐ 2. It reflects dehydration from prolonged labor
 - ☐ 3. It suggests placental abruption is occurring
 - ☐ 4. It shows infection is present in the uterus

Question Type : MCQ
Question ID : 4410091697439
Option 1 ID : 4410096695495
Option 2 ID : 4410096695498
Option 3 ID : 4410096695496
Option 4 ID : 4410096695497
Status : Answered
Chosen Option : 1

Q.31 What is a primary role of a nurse in health education?

- Ans
- ☐ 1. Administering medication
 - ☐ 2. Diagnosing diseases
 - ☒ 3. Providing information about healthy lifestyles
 - ☐ 4. Performing surgery

Question Type : MCQ
Question ID : 4410091557544
Option 1 ID : 4410096152473
Option 2 ID : 4410096152476
Option 3 ID : 4410096152474
Option 4 ID : 4410096152475
Status : Answered
Chosen Option : 3

Q.32 How do the spleen and thymus work together to support the immune system?

- Ans
- ☐ 1. The spleen produces antibodies and the thymus stores iron
 - ☐ 2. The spleen destroys bacteria and the thymus produces insulin
 - ☐ 3. The spleen digests fats and the thymus filters lymph
 - ☒ 4. The spleen filters pathogens from blood and the thymus matures T-lymphocytes

Question Type : MCQ
Question ID : 4410091553252
Option 1 ID : 4410096135404
Option 2 ID : 4410096135403
Option 3 ID : 4410096135406
Option 4 ID : 4410096135405
Status : Answered
Chosen Option : 4

Q.33 In a situation where an indwelling urinary catheter is inserted, which nursing action best applies the concept of surgical asepsis to minimize infection risk?

- Ans ☒ 1. Maintaining a closed sterile system throughout the procedure
- ☐ 2. Lubricating the catheter tip with sodium hypochlorite
- ☐ 3. Reusing the same sterile gloves for multiple patients
- ☐ 4. Wearing clean gloves during the entire procedure

Question Type : MCQ
Question ID : 4410091695240
Option 1 ID : 4410096687001
Option 2 ID : 4410096687003
Option 3 ID : 4410096687004
Option 4 ID : 4410096687002
Status : Answered
Chosen Option : 4

Q.34 A nurse researcher is planning to study the effects of a new intervention. She wants her results to be applicable to a wide population. Which characteristic should guide her research design?

- Ans ☐ 1. Limiting the research to a single hospital
- ☒ 2. Ensuring generalizability of the study findings
- ☐ 3. Focusing only on a unique patient group
- ☐ 4. Choosing an easily accessible sample

Question Type : MCQ
Question ID : 4410091695135
Option 1 ID : 4410096686600
Option 2 ID : 4410096686597
Option 3 ID : 4410096686598
Option 4 ID : 4410096686599
Status : Answered
Chosen Option : 2

Q.35 A nurse is providing genetic counseling to a couple with a family history of diabetes. Which type of counseling is most appropriate in this scenario?

- Ans ☐ 1. Motivational counseling emphasizing unrelated lifestyle changes
- ☐ 2. Supportive counseling centered on emotional adjustment only
- ☐ 3. Non-directive counseling without providing any guidance
- ☒ 4. Directive counseling focused on risk assessment and preventive advice

Question Type : MCQ
Question ID : 4410091697665
Option 1 ID : 4410096696373
Option 2 ID : 4410096696372
Option 3 ID : 4410096696374
Option 4 ID : 4410096696371
Status : Answered
Chosen Option : 2

Q.36 Which of the following is an example of a visual aid used in health education?

- Ans ☒ 1. Microphone
☒ 2. Poster
☒ 3. Radio
☒ 4. Song

Question Type : MCQ
Question ID : 4410091580120
Option 1 ID : 4410096241804
Option 2 ID : 4410096241802
Option 3 ID : 4410096241803
Option 4 ID : 4410096241805
Status : Answered
Chosen Option : 2

Q.37 The family in which husband lives in wife's home is:

- Ans ☒ 1. Matrilineal family
☒ 2. Monogamous family
☒ 3. Matrilocal family
☒ 4. Matriarchal family

Question Type : MCQ
Question ID : 4410091563927
Option 1 ID : 4410096177306
Option 2 ID : 4410096177307
Option 3 ID : 4410096177305
Option 4 ID : 4410096177308
Status : Answered
Chosen Option : 1

Q.38 What is the specific lymphatic pathway that leads to the development of a Virchow's node (Troisier's sign)?

- Ans ☒ 1. Axillary lymph nodes
☒ 2. Right lymphatic duct
☒ 3. Deep cervical chain
☒ 4. Thoracic duct

Question Type : MCQ
Question ID : 4410091695085
Option 1 ID : 4410096686403
Option 2 ID : 4410096686401
Option 3 ID : 4410096686404
Option 4 ID : 4410096686402
Status : Answered
Chosen Option : 1

Q.39 What is the primary goal of coordination in nursing administration?

- Ans
- ☒ 1. To increase paperwork
 - ☐ 2. To ensure all team members work harmoniously
 - ☒ 3. To assign duties randomly
 - ☒ 4. To reduce patient interaction

Question Type : MCQ
Question ID : 4410091558426
Option 1 ID : 4410096156103
Option 2 ID : 4410096156102
Option 3 ID : 4410096156101
Option 4 ID : 4410096156104
Status : Answered
Chosen Option : 4

Q.40 Which of the following best describes intelligence?

- Ans
- ☒ 1. The skill to speak multiple languages
 - ☒ 2. The capacity to remember only past events
 - ☒ 3. The tendency to act impulsively
 - ☐ 4. The ability to learn and adapt to new situations

Question Type : MCQ
Question ID : 4410091589168
Option 1 ID : 4410096277266
Option 2 ID : 4410096277265
Option 3 ID : 4410096277267
Option 4 ID : 4410096277264
Status : Answered
Chosen Option : 1

Q.41 Which of the following terms in research methodology refers to the consistency and reproducibility of a measurement tool?

- Ans
- ☐ 1. Reliability
 - ☒ 2. Control
 - ☒ 3. Validity
 - ☒ 4. Manipulation

Question Type : MCQ
Question ID : 4410091563994
Option 1 ID : 4410096177569
Option 2 ID : 4410096177570
Option 3 ID : 4410096177571
Option 4 ID : 4410096177572
Status : Answered
Chosen Option : 2

Q.42 A nurse believes that people with mental illness are dangerous. How might this misconception affect her professional behavior?

- Ans
- ☐ 1. It ensures the nurse provides more attention to these mentally ill patients.
 - ☐ 2. It increases the nurse's level of empathy and compassion for all hospitalized patients.
 - ☐ 3. It leads to more effective and therapeutic communication with various mentally ill patients.
 - ☒ 4. It may cause her to avoid or treat patients with prejudice, reducing quality of care.

Question Type : MCQ
Question ID : 4410091582581
Option 1 ID : 4410096251664
Option 2 ID : 4410096251667
Option 3 ID : 4410096251666
Option 4 ID : 4410096251665
Status : Answered
Chosen Option : 2

Q.43 Effective maternal–infant bonding in the immediate postnatal period primarily helps the mother to achieve which of the following?

- Ans
- ☐ 1. Increasing infants' weight rapidly
 - ☐ 2. Eliminating the risk of physiological jaundice in neonate
 - ☐ 3. Avoiding mandatory immunizations
 - ☒ 4. Recognizing and responding to baby's needs

Question Type : MCQ
Question ID : 4410091584836
Option 1 ID : 4410096260550
Option 2 ID : 4410096260551
Option 3 ID : 4410096260552
Option 4 ID : 4410096260549
Status : Answered
Chosen Option : 2

Q.44 A nurse manager is tasked with improving the safety culture on a medical-surgical unit. Which of the following strategies is most effective for promoting a sustained culture of safety within the hospital environment?

- Ans
- ☐ 1. Increasing the number of safety instructions posters
 - ☒ 2. Implementing a non-punitive incident reporting system
 - ☐ 3. Mandatory disciplinary action for errors and mistakes
 - ☐ 4. Quarterly safety audits to be made mandatory

Question Type : MCQ
Question ID : 4410091592043
Option 1 ID : 4410096288541
Option 2 ID : 4410096288539
Option 3 ID : 4410096288540
Option 4 ID : 4410096288542
Status : Answered
Chosen Option : 1

Q.45 A school-aged child with type 1 diabetes feels dizzy and sweaty during recess. What is the best initial nursing action?

- Ans
- ☐ 1. Restrict fluids
 - ☐ 2. Administer extra insulin
 - ☐ 3. Encourage exercise
 - ☒ 4. Provide a fast-acting carbohydrate snack

Question Type : MCQ
Question ID : 4410091569245
Option 1 ID : 4410096197990
Option 2 ID : 4410096197991
Option 3 ID : 4410096197988
Option 4 ID : 4410096197989
Status : Answered
Chosen Option : 1

Q.46 Which of these represents the correct order of Maslow's hierarchy from the most basic to higher needs?

- Ans
- ☐ 1. Safety needs, Belonging needs, Esteem needs, Physical needs
 - ☒ 2. Physical needs, Safety needs, Belonging needs, Esteem needs
 - ☐ 3. Belonging needs, Esteem needs, Safety needs, Physical needs
 - ☐ 4. Esteem needs, Physical needs, Safety needs, Belonging needs

Question Type : MCQ
Question ID : 4410091695149
Option 1 ID : 4410096686654
Option 2 ID : 4410096686653
Option 3 ID : 4410096686656
Option 4 ID : 4410096686655
Status : Answered
Chosen Option : 2

Q.47 Which of the following best describes the relationship between health and disease in the context of community health nursing?

- Ans
- ☒ 1. Health and disease are on a continuum and influence each other
 - ☐ 2. Health and disease are two unrelated concepts
 - ☐ 3. Disease is static while health is dynamic
 - ☐ 4. Disease is a social dysfunction and health affects biologically

Question Type : MCQ
Question ID : 4410091557261
Option 1 ID : 4410096151575
Option 2 ID : 4410096151574
Option 3 ID : 4410096151576
Option 4 ID : 4410096151573
Status : Answered
Chosen Option : 1

Q.48 When urgent supplies are required outside the regular ordering cycle, which action aligns with proper ward management protocols?

- Ans
- ☒ 1. Wait for the next scheduled indent submission period
 - ☐ 2. Submit a special indent with justification for urgent need
 - ☐ 3. Borrow supplies from another unit without formal process
 - ☐ 4. Purchase the items personally and seek reimbursement later

Question Type : MCQ
Question ID : 4410091697713
Option 1 ID : 4410096696566
Option 2 ID : 4410096696565
Option 3 ID : 4410096696568
Option 4 ID : 4410096696567
Status : Answered
Chosen Option : 2

Q.49 Which technique is most commonly used in psychosocial therapy to help clients change negative thought patterns?

- Ans
- ☒ 1. Cognitive restructuring
 - ☐ 2. Psychoeducation
 - ☐ 3. Social skills training
 - ☐ 4. Electroconvulsive therapy

Question Type : MCQ
Question ID : 4410091586049
Option 1 ID : 4410096265265
Option 2 ID : 4410096265266
Option 3 ID : 4410096265267
Option 4 ID : 4410096265264
Status : Answered
Chosen Option : 1

Q.50 A school nurse is designing a program to address obesity in adolescents. Which combination of interventions would best support healthy weight management?

- Ans
- ☒ 1. Promoting physical activity and a balanced diet
 - ☐ 2. Providing nutrition education and encouraging regular sleep patterns
 - ☐ 3. Skipping meals and encouraging rapid weight loss
 - ☐ 4. Advise competitive sports with a high fat diet

Question Type : MCQ
Question ID : 4410091576069
Option 1 ID : 4410096225062
Option 2 ID : 4410096225065
Option 3 ID : 4410096225064
Option 4 ID : 4410096225063
Status : Answered
Chosen Option : 1

Q.51 A patient with urinary retention is prescribed intermittent catheterization every six hours. Which action by the nurse demonstrates proper technique to minimize infection risk?

- Ans
- ☒ 1. Perform hand hygiene before and after catheter insertion
 - ☐ 2. Change the catheter insertion site for each insertion
 - ☐ 3. Insert antibiotic injections directly into the urethra
 - ☐ 4. Administer prophylactic antibiotics after every catheterization

Question Type : MCQ
Question ID : 4410091697425
Option 1 ID : 4410096695439
Option 2 ID : 4410096695441
Option 3 ID : 4410096695442
Option 4 ID : 4410096695440
Status : Answered
Chosen Option : 1

Q.52 Which age group is mainly considered in pediatric nursing?

- Ans
- ☐ 1. Seniors
 - ☐ 2. Adults
 - ☐ 3. Pregnant women
 - ☒ 4. Newborns to adolescents

Question Type : MCQ
Question ID : 4410091575903
Option 1 ID : 4410096224396
Option 2 ID : 4410096224394
Option 3 ID : 4410096224397
Option 4 ID : 4410096224395
Status : Answered
Chosen Option : 4

Q.53 A nurse is tasked with creating a peer support network for individuals with chronic mental illness in the community. Which action best demonstrates application of the principles of community mental health nursing and promotes empowerment?

- Ans
- ☐ 1. Focusing only on medication adherence
 - ☐ 2. Scheduling infrequent group sessions
 - ☒ 3. Encouraging clients to lead meetings and share experiences
 - ☐ 4. Assigning all decisions to healthcare professionals

Question Type : MCQ
Question ID : 4410091558280
Option 1 ID : 4410096155524
Option 2 ID : 4410096155523
Option 3 ID : 4410096155522
Option 4 ID : 4410096155521
Status : Answered
Chosen Option : 4

Q.54 A woman in labor presents with uncoordinated, painful uterine contractions and no cervical progress. Which abnormal uterine action is most likely responsible?

- Ans
- ☐ 1. Hypotonic uterine action
 - ☐ 2. Hypertonic uterine action
 - ☒ 3. Incoordinate uterine action
 - ☐ 4. Normal uterine action

Question Type : MCQ
Question ID : 4410091558417
Option 1 ID : 4410096156069
Option 2 ID : 4410096156070
Option 3 ID : 4410096156072
Option 4 ID : 4410096156071
Status : Answered
Chosen Option : 2

Q.55 In the male reproductive system, which structure among the following is primarily responsible for the production of sperm?

- Ans
- ☐ 1. Prostate gland
 - ☐ 2. Vas deferens
 - ☐ 3. Epididymis
 - ☒ 4. Seminiferous tubules

Question Type : MCQ
Question ID : 4410091554115
Option 1 ID : 4410096139113
Option 2 ID : 4410096139116
Option 3 ID : 4410096139115
Option 4 ID : 4410096139114
Status : Answered
Chosen Option : 3

Q.56 Which hormone is typically measured during infertility investigations to assess ovarian reserve?

- Ans
- ☐ 1. Testosterone
 - ☒ 2. Follicle Stimulating Hormone (FSH)
 - ☐ 3. Prolactin
 - ☐ 4. Thyroid Stimulating Hormone (TSH)

Question Type : MCQ
Question ID : 4410091579463
Option 1 ID : 4410096239149
Option 2 ID : 4410096239146
Option 3 ID : 4410096239148
Option 4 ID : 4410096239147
Status : Answered
Chosen Option : 2

Q.57 What is a major difference in the social structure of rural and urban communities?

- Ans
- ☒ 1. Rural communities have larger populations
 - ☐ 2. Urban communities have more formal institutions
 - ☐ 3. Rural communities have greater cultural diversity
 - ☐ 4. Urban communities rely mainly on agriculture

Question Type : MCQ
Question ID : 4410091589238
Option 1 ID : 4410096277547
Option 2 ID : 4410096277544
Option 3 ID : 4410096277545
Option 4 ID : 4410096277546
Status : Answered
Chosen Option : 1

Q.58 A district health officer is tasked with improving maternal health services. She must choose a five-year plan that first introduced the Minimum Needs Programme. Which five-year plan should she reference for her proposal?

- Ans
- ☐ 1. Sixth Five-Year Plan (1980-85)
 - ☐ 2. Seventh Five-Year Plan (1985-90)
 - ☐ 3. Fourth Five-Year Plan (1969-74)
 - ☒ 4. Fifth Five-Year Plan (1974-79)

Question Type : MCQ
Question ID : 4410091698615
Option 1 ID : 4410096700102
Option 2 ID : 4410096700104
Option 3 ID : 4410096700103
Option 4 ID : 4410096700101
Status : Answered
Chosen Option : 2

Q.59 Which family planning method is considered most appropriate to discuss with a woman during the normal puerperium if she desires long-term, reversible contraception?

- Ans
- ☒ 1. Intrauterine contraceptive device (IUCD)
 - ☐ 2. Injectable contraceptives
 - ☐ 3. Tubal ligation
 - ☐ 4. Oral contraceptive pills

Question Type : MCQ
Question ID : 4410091591317
Option 1 ID : 4410096285677
Option 2 ID : 4410096285678
Option 3 ID : 4410096285676
Option 4 ID : 4410096285675
Status : Answered
Chosen Option : 4

Q.60 Which hormone decreases most rapidly after surgical menopause?

- Ans
- ☐ 1. Thyroxine
 - ☐ 2. Insulin
 - ☐ 3. Progesterone
 - ☒ 4. Estrogen

Question Type : MCQ
Question ID : 4410091572959
Option 1 ID : 4410096212674
Option 2 ID : 4410096212673
Option 3 ID : 4410096212672
Option 4 ID : 4410096212671
Status : Answered
Chosen Option : 1

Q.61 Which hormone is most associated with the body's stress response?

- Ans
- ☐ 1. Serotonin
 - ☐ 2. Insulin
 - ☒ 3. Cortisol
 - ☐ 4. Melatonin

Question Type : MCQ
Question ID : 4410091589131
Option 1 ID : 4410096277127
Option 2 ID : 4410096277125
Option 3 ID : 4410096277124
Option 4 ID : 4410096277126
Status : Answered
Chosen Option : 4

Q.62 In the context of nursing fundamentals, how does understanding the difference between health and disease assist nurses in planning patient care?

- Ans
- ☐ 1. It enables nurses to focus solely on disease treatment.
 - ☐ 2. It limits nurses to physical health assessments.
 - ☐ 3. It helps nurses to identify symptoms only.
 - ☒ 4. It assists nurses to promote holistic care and prevention.

Question Type : MCQ
Question ID : 4410091564569
Option 1 ID : 4410096179858
Option 2 ID : 4410096179860
Option 3 ID : 4410096179857
Option 4 ID : 4410096179859
Status : Answered
Chosen Option : 4

Q.63 Which of the following pairs correctly matches a method with its principle for controlling microbes?

- Ans
- ☐ 1. Autoclaving - uses dry heat
 - ☐ 2. Incineration - uses moist heat
 - ☐ 3. Pasteurization - uses high pressure
 - ☒ 4. Filtration - removes microbes without killing them

Question Type : MCQ
Question ID : 4410091558323
Option 1 ID : 4410096155693
Option 2 ID : 4410096155696
Option 3 ID : 4410096155694
Option 4 ID : 4410096155695
Status : Answered
Chosen Option : 4

Q.64 What is a key principle for making health education effective among diverse groups?

- Ans
- ☐ 1. Deliver information in one language only
 - ☐ 2. Focus solely on scientific data
 - ☒ 3. Adapt messages to audience needs
 - ☐ 4. Assume all learners have the same background

Question Type : MCQ
Question ID : 4410091580032
Option 1 ID : 4410096241445
Option 2 ID : 4410096241447
Option 3 ID : 4410096241444
Option 4 ID : 4410096241446
Status : Answered
Chosen Option : 4

Q.65 A clinician is choosing between Depo Provera and combined oral contraceptives for a patient with migraine with aura. Why might Depo Provera's content be preferred?

- Ans
- ☐ 1. It contains high estrogen, reducing migraines
 - ☐ 2. It contains androgen, increasing stroke risk
 - ☒ 3. It lacks estrogen, reducing stroke risk
 - ☐ 4. It contains estrogen, increasing clotting risk

Question Type : MCQ
Question ID : 4410091697558
Option 1 ID : 4410096695968
Option 2 ID : 4410096695970
Option 3 ID : 4410096695967
Option 4 ID : 4410096695969
Status : Answered
Chosen Option : 1

Q.66 When instructing parents on cup feeding for a preterm infant, which advice ensures effective feeding and reduces the risk of choking?

- Ans
- ☐ 1. Pour milk directly into the mouth
 - ☐ 2. Tilt the infant's head backward
 - ☐ 3. Use a large cup for faster feeding
 - ☒ 4. Allow the infant to sip at their own pace

Question Type : MCQ
Question ID : 4410091569230
Option 1 ID : 4410096197930
Option 2 ID : 4410096197932
Option 3 ID : 4410096197933
Option 4 ID : 4410096197931
Status : Answered
Chosen Option : 4

Q.67 Which committee emphasized strengthening district hospitals to provide specialist services as part of health planning in India?

- Ans
- ☒ 1. Mudaliar Committee
 - ☐ 2. Bhore Committee
 - ☐ 3. Jungalwalla Committee
 - ☐ 4. Srivastava Committee

Question Type : MCQ
Question ID : 4410091570824
Option 1 ID : 4410096204275
Option 2 ID : 4410096204276
Option 3 ID : 4410096204277
Option 4 ID : 4410096204274
Status : Answered
Chosen Option : 1

Q.68 During active labor, a woman experiences sudden respiratory distress, hypotension, and cyanosis. What is the most likely diagnosis?

- Ans
- ☐ 1. Consider cord prolapse
 - ☐ 2. Identify placental abruption
 - ☒ 3. Suspect amniotic fluid embolism
 - ☐ 4. Diagnose uterine inversion

Question Type : MCQ
Question ID : 4410091697583
Option 1 ID : 4410096696062
Option 2 ID : 4410096696061
Option 3 ID : 4410096696059
Option 4 ID : 4410096696060
Status : Answered
Chosen Option : 4

Q.69 Which is an important sign of a healthy newborn?

- Ans
- ☐ 1. Low temperature
 - ☐ 2. No movement
 - ☒ 3. Strong cry
 - ☐ 4. Pale skin

Question Type : MCQ
Question ID : 4410091584825
Option 1 ID : 4410096260510
Option 2 ID : 4410096260512
Option 3 ID : 4410096260509
Option 4 ID : 4410096260511
Status : Answered
Chosen Option : 3

Q.70 What is a key provision of the Narcotic Drugs and Psychotropic Substances Act, 1985, regarding medical use?

- Ans
- ☒ 1. Medical use is allowed only under strict regulation
 - ☐ 2. Medical use is completely banned
 - ☐ 3. Medical use is unrestricted for all substances
 - ☐ 4. Medical use is allowed without any oversight

Question Type : MCQ
Question ID : 4410091584719
Option 1 ID : 4410096260094
Option 2 ID : 4410096260093
Option 3 ID : 4410096260095
Option 4 ID : 4410096260096
Status : Answered
Chosen Option : 1